

Reverse Advent Calendar — October 1–31

Build a donation box one day at a time

Marysville Community Food Bank

Where hunger ends, hope begins



Grab a box or tote and label it for the Reverse Advent Calendar.



Add one shelf-stable item each day in October.



Bring your completed box to Marysville Community Food Bank.

Day 1	Pancake Mix (16 oz)	Day 21	Pumpkin, Canned
Day 2	Syrup (12 or 24 oz)	Day 22	Evaporated Milk, Canned
Day 3	Peanut Butter	Day 23	Olives, Canned
Day 4	Jelly	Day 24	Soup Canned (not cream of mushroom)
Day 5	Cream of Mushroom Soup	Day 25	Canned Protein (Chili, Stew, etc.)
Day 6	Green Beans, Canned	Day 26	Canned Meat (Chicken, Tuna, Salmon)
Day 7	Other Canned Vegetable	Day 27	Canned Tomato Product (Pureed, Diced, Pasta Sauce)
Day 8	Fruit Cocktail, Canned	Day 28	Rice or Pasta
Day 9	Oatmeal	Day 29	Side or Boxed Dinner (Hamburger Helper, Mac & Cheese)
Day 10	Flour (5 lb)	Day 30	Boxed Cereal or Crackers
Day 11	Sugar (4 lb)	Day 31	Optional - Personal Hygiene Product (Deodorant, Feminine Products, Small Shampoo, Soap)
Day 12	Vegetable Oil (48 oz)		
Day 13	Coffee, Ground (16 oz)		
Day 14	Broth (32 oz)		
Day 15	Instant Mashed Potatoes		
Day 16	Stuffing Mix		
Day 17	Gravy Packet, Turkey or Chicken		
Day 18	Potatoes Au Gratin or Scalloped		
Day 19	Cranberry, Canned		
Day 20	Yams/Sweet Potatoes, Canned		



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Every item added in October becomes comfort and stability for a local family in November and December. Thank you for supporting Marysville Community Food Bank.